# NAIT Stream 2.0

## Narcolepsy Beyond Sleep: Diagnosis and Comorbidities

- 16 Nov 2026
- 23 Nov 2026
- 1 Dec 2026
- 10 Dec 2026
- 21 Dec 2026

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EUROPEAN NARCOLEPSY NETWORK

ESF
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# Scientific program

**NOV 16**

**15.00-16.00**
Cataplexy in adults: video assessment and differential diagnosis
Fabio Pizza

**NOV 23**

**15.00-16.00**
Cataplexy across the lifespan: the childhood phenotype
Giuseppe Plazzi

**DEC 1**

**15.00-16.00**
Endocrinological features in childhood narcolepsy
Federico Baronio

**DEC 10**

**15.00-16.00**
Cataplexy video assessment: perspectives
Vittorio Cuculo

**DEC 21**

**15.00-16.00**
Cardiometabolic aspects in narcolepsy
Alessandro Silvani

# Scientific Coordinators:

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# NAIT stream 2.0

Narcolepsy is a complex neurological disorder characterized by phenotypic heterogeneity and significant systemic and psychiatric comorbidities.

Accurate recognition of cataplexy, including through video-assessment tools, is crucial for early diagnosis and appropriate differential diagnosis across the lifespan.

At the same time, cardiometabolic and endocrine alterations, together with psychiatric comorbidities, substantially contribute to disease burden and disability.

An integrated, multidisciplinary approach—encompassing clinical, regulatory, and care-related aspects—is therefore essential to optimize the management of patients with narcolepsy in both pediatric and adult populations

## Register Now!

Online registration is required to participate in the event.

Click on **REGISTER** or scan the QR code to customize your registration: you may register for all scheduled events or choose the ones you are interested in.

Registration is available until all places have been filled.

For information and support, please contact us at the following email address: **i.pettinicchio@doc-congress.com** or by phone at **+39 342 7806109**.

# CME credits

CME credits will be awarded for each individual webinar. Each webinar has been accredited with **1.5 Italian CME credits**: 16/11 (ID: 495902), 23/11 (ID: 495907), 01/12 (ID: 495912), 10/12 (ID: 495917), and 21/12 (ID: 495919).

To obtain them, participants must:

- Complete the learning assessment questionnaire, which will be sent by email at the end of each individual webinar, together with the event evaluation, faculty evaluation and personal data forms.
- Attend 90% of the online scientific sessions and answer at least 75% of the CME questionnaire questions correctly.

Attendance, as required by regulations, will be recorded on each day by calculating the connection time.

The following documents may be downloaded directly from the Doc Congress portal:

- The certificate of attendance at the end of each individual appointment, provided that the attendance requirement set by regulations has been met.
- The CME certificate, available after completion of the questionnaire correction procedure and within 90 days from the end of each individual date.

**Professions and Disciplines:**

**PHYSICIANS** (Cardiology, Geriatrics, Endocrinology, Respiratory Diseases, General Medicine, Internal Medicine, Clinical Neurophysiology, Neurology, Child Neuropsychiatry, Neuroradiology, Otolaryngology, Pediatrics, Pediatrics (Primary Care Pediatricians), Psychiatry, Psychotherapy.), **PHARMACISTS, NURSES, PEDIATRIC NURSES, DENTISTS, PSYCHOLOGISTS, CLINICAL NEUROPHYSIOLOGY TECHNICIANS, DEVELOPMENTAL NEURO AND PSYCHOMOTOR THERAPISTS.**

**Educational objective:** Technical and professional contents (knowledge and skills) specific to each profession, specialization and highly specialized activity.

# UEMS

UEMS–EACCME® CME: An application for accreditation has been submitted to the European Accreditation Council for Continuing Medical Education (EACCME®)

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