



EUROPEAN NARCOLEPSY NETWORK



14th European NARCOLEPSY DAYS

PRELIMINARY PROGRAM








NOVEMBER 11th-12th, 2023

Leiden, The Netherlands

In collaboration with:
















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of Bern, Switzerland

SATURDAY, NOVEMBER 11th 2023

08.30 Registration

08.50 Welcome - *Giuseppe Plazzi, Gert Jan Lammers, Rolf Fronczek*

09.05 SYMPOSIUM 1 | A YEAR IN REVIEW

 Moderator: *Giuseppe Plazzi*

- In basic science - *Birgitte Rahbek Kornum*
- In clinical science - *Rolf Fronczek*

09.50 SYMPOSIUM 2


TRANSLATIONAL RESEARCH
How similar/different animal models of narcolepsy are to the human disease, what can we learn from each other?


 Moderators: *Christelle Peyron, Joan Santamaria*

- Delta sleep attacks - *Louise Piilgaard Petersen*
- REM sleep, cataplexy and temperature regulation - *Bianca Viberti*
- Neuropathology (cells counts) - *Ling Shan*
- Neuroinflammation - *Silvia Melzi*

11.20  Coffee break

11.40 YOUNG SCIENTISTS SYMPOSIUM and EUNN young scientist awardee talk

 Moderators: *Dario Arnaldi, Anna Heidbreder*

13.10  Lunch & networking & Patient own activity

14.30 PATIENTS SESSION

Working groups on different topics

15.30  Poster session and coffee break

16.30 SCIENTIFIC COMMUNICATIONS: PERSPECTIVES TO IMPROVE DISEASE MANAGEMENT

 Moderator: *Stine Knudsen-Heier*

16.30 Orexin agonist biology and drug development - *Sally Black*

16.45 Abstract presentation 1 - *Tbd*

17.00 Abstract presentation 2 - *Tbd*

17.30 Abstract presentation 3 - *Tbd*

18.00 EU-NN assembly (for EU-NN members)


19.00  Social Event

SUNDAY, NOVEMBER 12th 2023

08.45 SYMPOSIUM 3 | THE EU-NN DATABASE

The children database -
Julia Verena Van der Meer

09.05 SYMPOSIUM 4 | NEUROPHYSIOLOGICAL ASPECTS IN NARCOLEPSY

 Moderators: *Yves Dauvilliers, Ramin Khatami*

09.05 Use of the MSLT: historical perspectives and new directions - *Lucie Barateau*

09.25 The use of polysomnography and new directions (AI + long recordings) - *Fabio Pizza*

09.50 Role of wearable technology in the diagnosis of narcolepsy and central disorders of hypersomnolence - *Markus Schmidt*

10.10 Pro-con debate: Use of MSLT/MWT in clinical diagnosis and management -
Yves Dauvilliers, Ramin Khatami

10.45  Coffee break


11.00 A year in review for patients
Birgitte Rahbek Kornum, Rolf Fronczek

11.00 Meet the experts for scientists
Claudio Bassetti, Anna Heidbreder, Lucie Barateau, Yves Dauvilliers, Giuseppe Plazzi, Mehdi Tafti, Christelle Peyron

11.30 eNAP Patients: Report on the results from the working groups

11.50 NARCOLEPSY RESEARCH AWARD AND KEYNOTE LECTURE

Prof. Dr. Geert Mayer

 Moderator: *Giuseppe Plazzi*

Oral presentation and poster awards
Career research award introduction

12.50 Closing ceremony



YOUNG SCIENTIST AWARD

The European Narcolepsy Network (EU-NN) aims to facilitate clinical and scientific progress in the field of narcolepsy and other hypersomnia of central origin.

For the **14th European Narcolepsy Days** to be held in Leiden on November 11th-12th 2023, the EU-NN will grant a “**Young Scientist Award**”.

If you are an early carrier fellow, MD or PhD (doctorate student, post-doctorate fellow, intern in medicine), member of the EUNN, and have published an article on narcolepsy or hypersomnia of central origin between January 2022 and August 2023, in a key position (first or co-first), you are invited to apply for this award. The award is 3.000€ and an invitation to present the awarded scientific work at the 14th Narcolepsy Day in Leiden (includes accommodation and travel expenses).

The application deadline is September 15th 2023.

Application should be addressed to the scientific committee of the EU-NN represented by Christelle Peyron : peyron@sommeil.univ-lyon1.fr

CALL FOR ABSTRACT

We would like to invite all attendees of the 14th European Narcolepsy Days to submit abstracts for the **Poster Session** and **Young Investigator Session**.

According to tradition, there will be awards for:

- **2 Best Posters**
(*one for basic, one for clinical research*)
500.00 € prize + 300.00 € (max refund for travel and accommodation)
- **1 Best Oral Presentation**
500.00 € prize + 300.00 € (max refund for travel and accommodation)

Deadline for abstract submission is: September 15th, 2023.

Abstracts must be submitted electronically to Christelle Peyron: peyron@sommeil.univ-lyon1.fr



Scan the qr code to download the instruction.

Please visit the official website for further information and submission: www.eu-nn.com/eventi/14th-european-narcolepsy-days/

REGISTRATION FEES

Online registration is mandatory for all interested participants (including abstract and posters submitters).

Full Congress	Before Oct 1 st 23	After Oct 1 st 23
HCPs (HealthCare Professional)	200,00 €	250,00 €
EU-NN Members	150,00 €	170,00 €
Patients	100,00 €	100,00 €



REGISTER NOW!

Click [HERE](#) or scan the QR code for registration.

<https://iscrizioni.doc-congress.com/evento-id-26925.htm>

MEETING VENUE

LEIDEN UNIVERSITY MEDICAL CENTER
BURUMA LECTURE HALL
Albinusdreef 2,
2333 ZA Leiden,
The Netherland

CME CREDITS

An application will be made to EACCME®
(The European Accreditation Council for CME)

WITH THE UNCONDITIONAL SUPPORT OF:



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For more information, visit:

www.eu-nn.com/eventi/14th-european-narcolepsy-days

