

## GENERAL INFORMATION

### HOW TO REGISTER:



Register on the [official web site](#) or scan the qr code.

Registration is compulsory strictly **within June, 14 2022**. Due to Covid-19 restrictions it won't be allowed to register onsite.

### REGISTRATION FEES:

PHYSICIAN: 180,00 € +VAT

SIEDP MEMBER: 140,00 € + VAT

DIETICIAN/BIOLOGIST: 100,00 € + VAT

### REGISTRATION INCLUDES:

- Congress attendance
- Lunch
- CME accreditation
- Certificate of attendance

## CME ACCREDITATION FOR ITALIAN ATTENDEES

Italian CME credits will be granted to those participants who attend at least 90% of scientific works, fill in the questionnaire assessment of perceived quality and duly fill in the evaluation questionnaires answering correctly 75% of the questions. At the end of the scientific work, an e-mail with the link to access the CME questionnaire will be sent.

### CME ACCREDITATION FOR:

- **PROFESSION:** MEDICO CHIRURGO  
Discipline: Pediatria e Pediatria di libera scelta, Endocrinologo, Malattie metaboliche e diabetologia, Scienza dell'alimentazione e dietetica
- **OTHER PROFESSIONS:** DIETISTA, BIOLOGO

ITALIAN CME CREDITS: 8,4 ITALIAN CME ID: 246-350555

**LEARNING OBJECTIVE:** documentazione clinica. Percorsi clinico-assistenziali diagnostici e riabilitativi, profili di assistenza - profili di cura

LANGUAGE: ENGLISH

A simultaneous translation will be available for the following languages: Italian

### WITH THE PATRONAGE OF:



### REQUIRED PATRONAGE

International Society for Pediatric and Adolescent Diabetes

European Association for the Study of Obesity

Università degli Studi di Verona

Regione Veneto

Azienda Ospedaliera Universitaria Integrata di Verona

### WITH THE UNCONDITIONAL SUPPORT OF:



sanofi



### ORGANIZING SECRETARIAT AND CME PROVIDER



DOC CONGRESS S.r.l. - ID 246 Albo Provider Agenas

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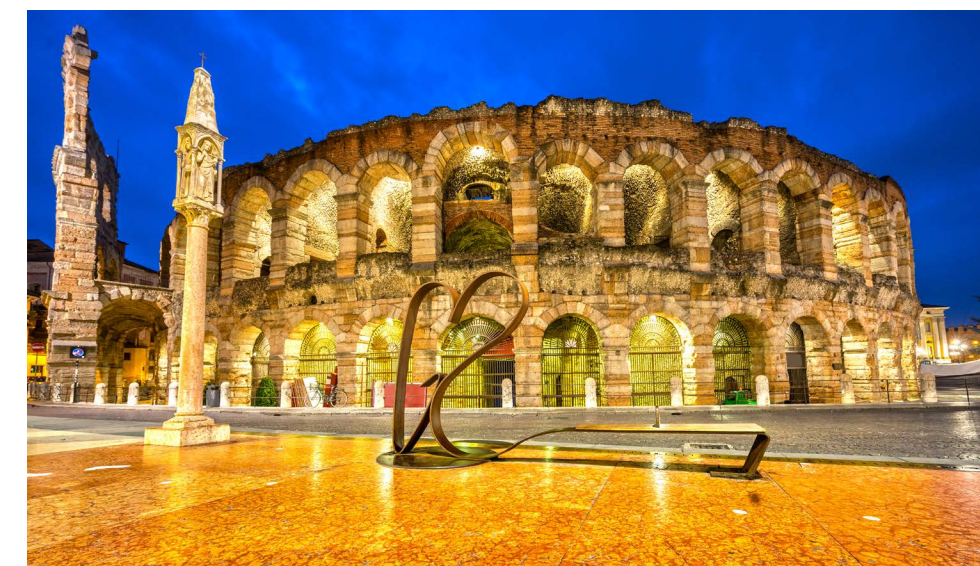
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### THIS IS A C.A.R.E. PROJECT



# International Meeting on Childhood and Adolescent Obesity and Diabetes 2022: *Treatment*



**VERONA, ITALY**  
Auditorium Domus Mercatorum - Camera di Commercio di Verona  
Corso Porta Nuova, 96

**June 16<sup>th</sup>-17<sup>th</sup>, 2022**

**Scientific Coordinator**

*Claudio Maffei*

*University and Azienda Ospedaliera Università Integrata, Verona*

## International Meeting on Childhood and Adolescent Obesity and Diabetes 2022: Treatment



Childhood and adolescent obesity has a major impact on morbidity and long-term mortality worldwide. In most cases, obesity persists from adolescence to adulthood, is associated with high blood pressure, impaired glucose metabolism, dyslipidemia, and psychological distress. Available data report that awareness and concern about obesity is different in patients and their caregivers with implications for delaying consultation with the health care provider until the level of overweight is high or very high. Current evidence suggests that persistent outcomes with treatment are difficult to achieve and there is no doubt that more effective therapies are needed.

Therefore, this meeting is focused on presenting the most recent scientific data on three different hot topics of childhood and adolescent obesity: the diagnosis and the role of genetics, the most common metabolic disorders associated with obesity, and the latest news on treatment and motivation to care.

In addition, a special section on the results of the "Action Teens Project", a large international survey which for the first time explored perceptions, attitude, behaviors and barriers to effective obesity care among adolescents living with obesity, caregivers and health care professionals, will be presented.

Type 1 diabetes care is the most common endocrine disease in childhood and adolescence. Children and adolescents have new opportunities to improve their blood glucose profile and increasing the quality of their life and that of their families. Technological improvements are very rapid and the artificial pancreas is a reality. New insulins are available that contribute to more efficient glucose control. The availability of all these novel tools for the treatment of diabetes requires a continuous updating also of the diabetologist and of the patients. Furthermore, the combined role of insulin and diet in favoring postprandial glucose control highlights the importance of diabetes care education and the crucial role of motivating children, adolescents and their families to appropriate care. The purpose of this Meeting is to focus attention on all these crucial issues in the treatment of diabetes in children and adolescents, presenting the most recent scientific evidence reported by international experts in the field.

We believe that this meeting is an interesting opportunity to update on childhood and adolescent obesity and diabetes.

### PROGRAM | JUNE 16, 2022

13:00 Registration

14:00 Welcome and introduction

#### OBESITY

CHAIRMEN: Malgorzata Wasniewska (Italy), Valeria Calcaterra (Italy)

#### 14:10 THE DIAGNOSIS OF OBESITY IN CHILDREN AND ADOLESCENTS

When obesity is secondary - Antje Koerner (Germany)

Genetic of pediatric obesity:

Where are we? - Amelie Bonnefond (France)

Clinical approach - Anita Morandi (Italy)

#### 16:00 THE NEEDS OF THE ADOLESCENT WITH OBESITY: NEW TARGETS OF INTERVENTION - THE ACTION TEENS EXPERIENCE

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Introduction - Claudio Maffeis (Italy)

Unmet needs of adolescents with obesity - Vicki Mooney (Ireland)

The Action Teens global survey: objectives and methods - Abdullah Bereket (Turkey)

Expectations and beliefs of adolescents with obesity, caregivers, and health care professionals: new suggestions for treatment  
Fernando Fernandez Aranda (Spain)

Discussion

#### 17:20 THE TREATMENT OF OBESITY IN CHILDREN AND ADOLESCENTS:

Patients phenotyping ...towards a personalized intervention  
Claudio Maffeis (Italy)

Physical activity, fitness and function - Grace O'Malley (Ireland)

18:20 Take home message and closing remarks

#### Simultaneous translation: ON

A simultaneous translation will be available for the following languages:  Italian

### PROGRAM | JUNE 17, 2022

#### OBESITY

CHAIRMEN: Luca Busetto (Italy), Angelo Pietrobelli (Italy)

#### 09:00 THE TREATMENT OF OBESITY IN CHILDREN AND ADOLESCENTS:

Pharmacological treatment and food supplements

Beatrice Dubern (France)

Surgery - Olbers Torsten (Sweden)

#### 10:20 CO-MORBIDITIES: DIAGNOSIS AND TREATMENT:

Impaired glucose metabolism and Type 2 diabetes - Silva Arslanian (USA)

Metabolic associated liver disease - Luca Valenti (Italy)

Obstructive Sleep Apnea Syndrome - Stijn Verhulst (Belgium)

#### 11:40 Obesity prevention in children: the WHO suggestions and evidence of efficacy - Julianne Williams (WHO)

12:40 Lunch

#### DIABETES

CHAIRMAN: Stefano Zucchini (Italy)

#### 14:00 Less red, more green: new data in T1D treatment

With the non-conditioning support of Sanofi

Chairman: Claudio Maffeis (Italy)

in adult population - Maddalena Trombetta (Italy)

in pediatric population - Ivana Rabbone (Italy)

#### 15:00 Fear of Hypoglycemia in children with T1D. Are we still there? Valentino Cherubini (Italy)

#### 15:30 Advanced Hybrid Closed Loop: the efficacy in children with T1D - Tadej Battelino (Slovenia)

#### 16:00 The evolution of Technology in managing physical activity in T1D athletes - Othmar Moser (Austria)

#### 17:00 Nutritional management of T1D: the effect on cardiovascular risk - Carmel Smart (Australia)

Discussion

18:00 Take home message and closing remarks